



The Orchards at Bartley Resident Menu

This menu is subject to change due to the availability, shortage, and mismatch of some products.

July 19 – 25

<p align="center"><u>Monday Lunch</u> Honey Garlic Chicken Thigh Or Monte Cristo Sandwich Both Served with Scalloped Potatoes and Mixed Vegetables <u>Dinner</u> Stromboli Chef's Choice w/ Health Slaw Or Shrimp Salad Platter Tomato, Cucumber on a Bed of Lettuce Dinner Roll</p>	<p align="center"><u>Tuesday Lunch</u> Sliced Beef Brisket with Gravy Parsley Potatoes Carrots Or Eggplant Rollatini Linguini Marinara and Carrots <u>Dinner</u> Chicken Salad on a Whole Wheat Bread Served with Claremont Salad Or Sloppy Joe on a Bun Served with Claremont Salad</p>	
<p align="center"><u>Wednesday Lunch</u> Grilled Salmon On Baby Greens Salad Multigrain Roll Or Mushroom Asiago Chicken with Rice and Scandinavian Vegetables <u>Dinner</u> Grilled Chicken Teriyaki w/ Cheddar Cheese and Scallions on a Bun w/ French Fries Or Ham and Melted Brie with Honey Mustard on a Croissant Served with French Fries</p>	<p align="center"><u>Thursday Lunch</u> Beef and Vegetable Stir Fry Over Rice Or Grilled Honey Mustard Chicken Breast on Baby Spinach with Mandarin Oranges <u>Dinner</u> Corned Beef Rubeen on Rye Bread Served with Cole Slaw Or Chef's Quiche Served with Cole Slaw and a Dinner Roll</p>	
<p align="center"><u>Friday Lunch</u> Stuffed Portabella Mushroom with Spinach and Swiss Cheese Or Grilled Turkey London Broil Both served with Roasted Potatoes Green Beans <u>Dinner</u> Seafood Salad Sandwich on a Croissant Tomato - Red Onion Salad Or Apricot Chicken Served with Rice and Peas</p>	<p align="center"><u>Saturday Lunch</u> Boneless BBQ Pork Chop served w/ Pasta Capri Vegetable Blend or Jumbo Cheese Ravioli with Marinara Sauce Capri Vegetable Blend Garlic Bread <u>Dinner</u> Hot Dog on a Bun with Sauerkraut Baked Beans and a Tossed Salad Or Turkey, Bacon, Lettuce, Tomato and Russian Dressing on a Hoagie Roll Served with Baked Beans and a Tossed Salad</p>	<p align="center"><u>Sunday Lunch</u> Fish and Chips w/ Tartar Sauce or Sliced Top Round of Beef with Gravy Both served with Asparagus Waffle Fries <u>Dinner</u> Cheese Steak Hoagie with Onions and Peppers Served with Potato Chips and a Pickle Or California Crispy Chicken Sandwich with Lettuce, Tomato, Red Onion and Mayonnaise Potato Chips and Pickle</p>

June 27 – July 4

<p style="text-align: center;"><u>Memorial Day</u></p> <p style="text-align: center;"><u>Lunch</u></p> <p style="text-align: center;">Cheese and Chicken Quesadilla with Sour cream and Salsa with a Tossed Salad or Greek Salad with Grilled Shrimp</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Spaghetti with Meatballs Garlic Bread Tossed Salad or Grilled Chicken Caesar Wrap Served with Potato Chips and a Pickle</p>	<p style="text-align: center;"><u>Tuesday</u></p> <p style="text-align: center;"><u>Lunch</u></p> <p style="text-align: center;">Pork Loin with Apples served with Potato Pancakes and Broccoli or Chicken Pot Pie with Broccoli</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Beef Empanada with Salsa and Sour Cream Served with a Tossed Salad OR Chicken Tenders French Fries and Grape Salad</p>	
<p style="text-align: center;"><u>Wednesday</u></p> <p style="text-align: center;"><u>Lunch</u></p> <p style="text-align: center;">Chicken Piccata Or Coconut Crusted Shrimp w/ Raspberry Melba served w/ Brown Rice and Zucchini</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Ham and Swiss Sandwich on Wheat Bread with Lettuce and Tomato Served with Potato Salad and a Pickle or French Dip on a French Roll Served with Potato Salad and a Pickle</p>	<p style="text-align: center;"><u>Thursday</u></p> <p style="text-align: center;"><u>Lunch</u></p> <p style="text-align: center;">BBQ Pork Shank Served with Mash Potatoes and Corn or Pesto chicken on a Bun with Red roasted Pepper and Mozzarella</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Turkey Sandwich with French Fries and Cucumber Onion Salad Or Fried Flounder Platter w/ Tartar Sauce served w/ French Fries and Cucumber Onion Salad</p>	
<p style="text-align: center;"><u>Friday Lunch</u></p> <p style="text-align: center;">Orange Chicken Or Macaroni and Cheese Both Served with Orzo Fresh Yellow Squash</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Grilled Cheese with Tomato served with a Tossed Salad</p> <p style="text-align: center;"><u>Shabbat</u></p> <p style="text-align: center;">Beef Brisket with Gravy Served with Potato Pancakes and Peas and Challah Bread</p>	<p style="text-align: center;"><u>Saturday Lunch</u></p> <p style="text-align: center;">Baked Ziti with Carrots or Chicken Franchise with Red Potatoes and Carrots</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">BBQ Pork Riblette on a Bun with Sweet Potato Fries Cole Slaw or Penne Carbonara w/ Grilled Chicken Julienne Cole Slaw</p>	<p style="text-align: center;"><u>4th of July</u></p> <p style="text-align: center;">Fried Chicken Hamburger Hotdog Potato Salad Cole Slaw Baked Beans</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Beer Battered Cod with Tartar Sauce Or Pizza with Onions Mushrooms and Peppers Both Served with Tossed Salad and French Fries</p>

July 5 – 11

<p style="text-align: center;"><u>Monday Lunch</u></p> <p style="text-align: center;">Roasted Chicken Served with Spinach and mashed Rutabaga OR Lasagna served with Spinach</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Hot Pastrami Sandwich on Rye Carrot and Raisin Salad Or Turkey Burger with Swiss and Mushrooms Carrot and Raisin Salad</p>	<p style="text-align: center;"><u>Tuesday Lunch</u></p> <p style="text-align: center;">Beef Stroganoff over Egg Noodles and Baby Carrots or Shrimp and Vegetable Stir Fry over Brown Rice</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Grilled Chicken on a Caesar Salad With a Multigrain Roll Or Turkey BLT Wrap w/ Potato Chips and a Caesar Salad</p>	
<p style="text-align: center;"><u>Wednesday Lunch</u></p> <p style="text-align: center;">Turkey with Gravy and Stuffing Served with Sweet Potato and Green Beans Or Shrimp Broccoli and Cheese Puff Served with Green Beans</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Tuna Salad Platter Tomato Bruschetta, Provolone Cheese, Shredded Lettuce, Balsamic Vinaigrette Multigrain Baguette Or Italian Sausage with Peppers and Onions on a Club Roll Served with Pasta Salad</p>	<p style="text-align: center;"><u>Thursday Lunch</u></p> <p style="text-align: center;">Chefs Stuffed Chicken Or Turkey Meatloaf Both Served with Mashed Potato and Broccoli</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Cheese Blintz Or Flounder Stuffed with Crabmeat Zucchini Salad Rice</p>	
<p style="text-align: center;"><u>Lunch</u></p> <p style="text-align: center;">Lemon Garlic Shrimp Or Chicken Parmesan Both served with Linguini and Tossed Salad</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Egg Salad on Wheat Bread with Lettuce and Tomato Served with Tomato Cucumber Salad Or <u>Shabbat</u></p> <p style="text-align: center;">Baked Chicken with Red Potatoes and Carrots</p>	<p style="text-align: center;"><u>Saturday Lunch</u></p> <p style="text-align: center;">BBQ Pork Tenderloin Or Stuffed Peppers Both Served with Mashed Potato and Peas</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Tilapia Bruschetta Seasoned Rice Tossed Salad Or Italian Hoagie Potato Chips and a Pickle</p>	<p style="text-align: center;"><u>Sunday Lunch</u></p> <p style="text-align: center;">Salmon Or Flank Steak Both Served with Baked Sweet Potato and Asparagus</p> <p style="text-align: center;"><u>Dinner</u></p> <p style="text-align: center;">Fried Chicken Cutlet with Lemon Or Rigatoni Sicilian Eggplant, Ricotta, Mozzarella Tossed in Marinara Sauce w/ Garlic Bread and Caesar Salad</p>

July 12 – 18

<p style="text-align: center;"><u>Monday Lunch</u> Flounder Francaise Served with Rice Pilaf and Broccoli OR Cavatelli, Grilled Chicken and Broccoli with Garlic and Oil and Italian Bread <u>Dinner</u> Strawberry Pancakes Sausage Patties Or Roast Beef Avalanche Sandwich Thinly Sliced Beef Cheddar Cheese, Coleslaw and Russian Dressing Served Pickle and Potato Chips</p>	<p style="text-align: center;"><u>Tuesday Lunch</u> Chicken Mushroom Marsala Or Pork Chop Murphy Both Served with Murphy Potatoes Normandy Vegetables <u>Dinner</u> Spaghetti with Bolognese Sauce Tossed Salad, Dinner Roll or Grilled Cheese with Bacon Served with a Tossed Salad</p>	
<p style="text-align: center;"><u>Wednesday Lunch</u> BBQ Chicken on the Bone Or Broiled Flounder Both Served with Egg Noodles Honey Poppy Carrots <u>Dinner</u> Smoked Turkey Melted Swiss with Honey Mustard on a Croissant Served with Marinated Mushrooms Or Cheese or Sausage and Mushroom Pizza Tossed Salad</p>	<p style="text-align: center;"><u>Thursday Lunch</u> Stuffed Shells Parmesan Served with Caesar Salad Or Grilled Kielbasa and Sauerkraut w/ Pierogis and Onions and Zucchini <u>Dinner</u> Bologna and American Cheese on a Kaiser Roll Broccoli Slaw Or Beef Stew with Peas, Carrots, Onions and a Biscuit Broccoli Slaw</p>	
<p style="text-align: center;"><u>Friday Lunch</u> Tilapia Primavera Or Crusty Parmesan Chicken Both served with Wild Rice and Grilled Seasonal Fresh Vegetables <u>Dinner</u> Cajun Grilled Cod with Tartar Sauce Served with Potato Pancakes and Cauliflower Or Stuffed Cabbage with Potato Pancakes and Cauliflower Challah Bread</p>	<p style="text-align: center;"><u>Saturday Lunch</u> Glazed Ham Or Breaded Shrimp and Clam Strips Both Served with Baked Potato Peas and Carrots <u>Dinner</u> Cranberry Turkey Salad Platter with Tomatoes, Cucumbers Cole Slaw Or Pulled Chicken on a Bun Cole Slaw and a Pickle</p>	<p style="text-align: center;"><u>Sunday Lunch</u> Chicken Cacciatore Or Lamb Roast with Mint Sauce Both Served with Rotini Pasta and Broccoli <u>Dinner</u> Cheeseburger on a Bun with Lettuce and Tomato Sweet Potato Fries Or Cobb Salad Chopped Turkey, Egg, Tomatoes, Cucumbers, Bacon, Bed of Lettuce</p>

Always Available Menu

Hotdog with Potato Chips
Hamburger with Potato chips
Grilled Cheese (American or Swiss)
Sliced Ham Sandwich with Lettuce and Tomato
Egg Omelet with Choice of Toast
Cheese Blintzes served with Applesauce and Sour Cream

Healthy Choices Menu

Broiled "Fish of the Day" with Steamed Vegetables
Chef Salad with a Hard-Boiled Egg
Oven Roasted Turkey Sandwich with Lettuce and Tomato
Grilled Chicken Sandwich with Lettuce and Tomato
Grilled Vegetable Burger on a Bun with Lettuce and
Tomato
Citrus Fruit Salad with Low Fat Cottage Cheese
Steamed Vegetable Platter
Chicken Broth